



TEENKULA's Mission is to reach out to the "KULA" or community for help in providing "KARMA" or selfless service to children and teens in need. Through outreach and collaboration, we work to raise awareness for Kula for Karma's yoga programs serving children with autism/special needs, children and teens with cancer and at-risk youth. TEENKULA is inspiring teens who want to make a difference in the lives of their fellow youth.

In just one year, TEENKULA raised \$15,000. These events, starting in 2009 through 2010, included an Open Mic Nite at Starbucks in Midland Park, NJ and a Wellness Walk in Franklin Lakes, NJ. The walk was organized with the Mayor of Franklin Lakes as a part of her Wellness Campaign. In addition, TEENKULA worked hand in hand with Kula for Karma on their fundraising projects. TEENKULA teens assisted yoga classes designed for children with Autism.



TEENKULA'S goal is to raise awareness and spread our karma throughout different communities. The next fundraising event will be held in early 2011, called the TEENKULA IDOL show.

**COME JOIN US!**



HERE ARE SOME WAYS YOU CAN HELP:

- Parent/teen help in Teenkula Awareness Campaign
- Parents organizing meetings at their home
- Teenkula Kookie Klatch to meet and greet new volunteers.
- Assist in the Teenkula Idol show in February.
- Event site, flyers, press release, flyers, email blasts, create cd to sell at event, equipment, photographer, videographer, talent to audition, sponsors, artwork, creating tickets, selling tickets, judges, prizes, ushers, etc..



For more information please visit us online:  
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