

OPEN YOUR HEART

Kula for Karma

Saturday, March 14, 7pm

at Become One Yoga & Pilates, 42 Park Ave, Rutherford

Join us as we become one yoga community
in loving celebration

The evening begins with a heart opening yoga class led by Hillary Freeman of Yoga Montclair, Sheryl Edsall of Naturally Yoga, and Jillian Pransky of Devotion Yoga. Cocktail hour follows, with refreshments provided by Barefoot Wine & Bubbly, Park and Orchard, and Eros Cafe. Next, our favorite local yoga teachers take to the runway for a lululemon athletica function show. We'll be led through yoga trance dance by Debbie Kaminsky. And we close by joining our voices and hearts in kirtan, led by Rasa Lilla Kirtan Band and Dalien playing the singing bowls.

Reserve your spot via paypal at www.kulaforkarma.org,
by mail (send checks to: PO Box 820, Franklin Lakes, NJ
07417) or at the door that evening, \$60 each
All proceeds to benefit Kula for Karma
Questions? email Jamie Hanley, elevate.yoga@gmail.com



Hillary Freeman Photography available for purchase, net proceeds to benefit Kula for Karma
