



**HOW TO GET INVOLVED
with the
YOGA-THON
To benefit Children & Teens with Cancer**

Pier A Park
Hoboken
Saturday, June 12th

PreRegistration: 8:30am (on-line pre-reg. highly recommended)

Yoga: 9am-11:30am (5 – 30 minute guided classes)

- **Register to participate in one or some of the five 30 minute yoga classes on June 12th**
Registration \$18 individual / \$45 team – reg. fee waived if \$400pp fundraiser goal is achieved
- **Volunteer to help out with the event**
Extra hands are always helpful before or day of the event (registration table, set up, distribute flyers, etc – call 310.936.4130 to get on board)
- **Ask 10 people to donate \$40 to support this cause** (and then see bullet 1 – goal achieved!)
- **Sponsor a Holistic Nutrition Workshop**
A 5 week holistic nutrition workshop series for 5 children/teens and their family = \$1000
- **Raise \$\$\$ to Subsidize a Yoga/Meditation Program**
6 week yoga/meditation=\$600
3 month yoga/meditation=\$1200
6 month yoga/mediation=\$2400
1 year yoga/mediation=\$4800 (receive fund name recognition for this amount)
- **Donate an Item for the day of Raffle** (or your business' service – ie: Printing, Event Tshirts, etc)
If item(s) are equal or greater value of Sponsorship Opportunities, then the same return on your donation as “sponsoring the event” is given (see bullet below)
- **Sponsor the Event**
In return for your financial sponsorship receive Logo Inclusion in Advertising & ability to have promotional table at event (go to www.kulaforkarma.org/events for details)
- **GET THE WORD OUT - Display a Flyer** (can be downloaded from www.kulaforkarma.org/events)
Hang a flyer at your business, workplace or community center, library, coffee shop, etc

