



Our mission is to offer yoga, at no charge, to those who have been challenged by difficult circumstances, such as illness, abuse, and addiction. Our services are offered with our hearts and minds open and focus on uplifting the human spirit while cherishing the dignity and uniqueness of each individual. The goal of Karma, or selfless service, is to enhance the lives of those who are in need of spiritual healing by providing peace, love, and compassion.

Our vision is to offer the healing benefits of yoga, and nutritional and therapeutic support services to those in need.



We serve:

- Domestic violence survivors
- Wounded combat veterans
- Seniors
- Homeless women and children
- Children with autism, and other developmental challenges
- At-risk children and teens
- Men and women with HIV/AIDS

Get Involved!

Become a Kula "partner"
Use your gifts and talents to serve others

Organize!

Partner with your studio, school, or community to host a yoga supply donation drive

Outreach!

Bring our message of "community" to your community

For more information, visit us online: www.kulaforkarma.org

Contact us today!

Kula for Karma
Turn Passion Into Action!

Email: info@kulaforkarma.org
Call toll-free: (888) K4K-YOGA (545-9642)